



Draft MINUTES

JOINT MEETING

**WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD
(WCHSASAB) &
CITY OF RENO SENIOR CITIZEN ADVISORY COMMITTEE (SCAC) &
SPARKS SENIOR CITIZENS ADVISORY COMMITTEE (SSCAC)**

**Wednesday – January 8, 2020
3:00 P.M. – Sparks Senior Center
97 Richards Way, Sparks, NV 89431
Multipurpose Room**

1. Call to Order

Meeting called to order at 3:00pm by LaMerne Kozlowski.

2. Roll Call

WCHSASAB Present: Dr. Larry Weiss, Stan Dowdy (late), Jennifer McMenemy, James Doyle, Mark Miranda, Linda Hardie, Rick Sorensen, Danada Rausch, Sarah Deardorff

SCAC Present: Barbara Deavers, Vanessa Dixon, Linda Musselman, Mac Rossi, Francisco "Paco" Poli, Carol Crane

SSCAC Present: LaMerne Kozlowski, Andrea Pelto, Marsy Kupfersmith, Kyle Waxman, Margie Hermanson, Marjorie Ball (alternate), David Hall Sr. (alternate), Raynell Holtz (alternate), Kim Spoon (alternate), Barbara Stirling (alternate)

Absent: WCHSASAB: Barbara Korosa, Donna Clontz

SCAC: Donna Clontz, DorisMae Weber

SSCAC: Martin Roberto, John Sebastian, Rosemary Padgett (alternate)

WCHSASAB Advisor Present: Connie McMullen

Staff Present: Brad Fitch – Community Liaison, Herbert Kaplan-Deputy District Attorney, Donald Abbott, Steve McBride, Abby Badolato, Sandra Vasquez

1. Public Comment

Marsy Kupfersmith introduced Nate Helton of Senator Jacky Rosen's office and thanked him for attending. Marsy Kupfersmith thanked City of Sparks for providing name tags and name badges for SSCAC.

2. Member Announcements

Francisco "Paco" Poli announced City of Reno Senior Citizen Advisory Committee is turning 25 and will be planning several activities to celebrate its anniversary.

3. Approval of the Agenda: January 8, 2020 (For Possible Action)

SSCAC: Marsy Kupfersmith makes a motion to approve, seconded by Margie Hermanson. All in favor, motion passes.

WCHSASAB: Linda Hardie makes a motion to approve, seconded by Rick Sorensen. All in favor, motion passes.

SCAC: Mac Rossi makes a motion to approve, seconded by Barbara Deavers. All in favor, motion passes.

4. Approval of the Minutes: October 2, 2019 (For Possible Action)

SSCAC: Andrea Pelto makes a motion to approve, seconded by Marsy Kupfersmith. All in favor, motion passes.

WCHSASAB: James Doyle makes a motion to approve, seconded by Rick Sorensen. All in favor, motion passes.

SCAC: Barbara Deavers makes a motion to approve, seconded by Vanessa Dixon. All in favor, motion passes.

5. Presentations:

a. **Regarding Census 2020- Michael Moreno, RTC Public Information Officer**
Presenter absent, no presentation.

b. **Regarding BUILD Health/CARE project – Kindle Craig, Sr. Director, Renown Institutes and Sharon Zadra, Executive Director, Truckee Meadows Healthy Communities**

Sharon Zadra presents.

Zadra stated the BUILDHealth/CARE project received a three year national grant to deal with suicide. Topics to be focused on are loneliness and isolation in the Reno 89512 zip code. Ideas are to create social connections for those seniors who are isolated as well as a kindness epidemic in our community. Three partners involved in this grant are Renown Institutes, Truckee Meadows Healthy Communities and Washoe County Health District. Grant provided: \$250,000 Robert Wood Johnson; \$250,000 match from Renown; \$100,000 other contributors.

Kindle Craig presents and reiterated for people to create a kindness epidemic. They are modeling after a program in England. The first thing is making connections. Walking the neighborhoods and just saying hello to people is important. Advocacy and legislation are also important part of this project.

c. **Regarding RTC FlexRide – Susi Trinidad, RTC Paratransit Analyst**
Susi Trinidad presents.

FlexRide is pilot program in East Sparks (see attached flyer and map). It is curb to curb service. You can call or download app to request pick up. FlexRide fare is same as RTC bus fare. ADA accessible vehicles are used. Three point of interest locations in East Sparks: Centennial Plaza, Iron Horse Shopping Center and Sierra Crest Senior Apartment homes. The FlexRide pilot program in Lemon Valley is to begin in spring 2020.

Arnie Vieira (from public) commented on area being serviced by FlexRide.

Dolores Rubino (from public) commented on why the need for a double-decker bus and about seniors with disabilities needing assistance from bus drivers.

6. Business:

- a. **Discussion and possible direction to the Washoe County Human Services Agency Senior Advisory Board (WCHSASAB), City of Reno Senior Citizen Advisory Committee (SCAC) and Sparks Senior Citizen Advisory Committee (SSCAC) regarding community seminar organized by Senior Coalition regarding current senior mental health issues and services (For Possible Action)**

Steve McBride summarizes.

Seminar for senior mental health issues and services is scheduled for April 23 from 8:30am-11:30am at Washoe County Commission Chambers, details of how it will be laid out are under discussion.

Connie McMullen mentioned possibility of training people who can assist with mediation, she believes the community needs to communicate with each other.

Suggestions for forum from senior advisory board and committee members to be emailed to Steve McBride.

- b. **Discussion and possible direction to the WCHSASAB, SCAC and SSCAC regarding BUILD Health/CARE project for Reno, Sparks and Washoe County senior advisory board and committee members to participate in and support the project (For Possible Action)**

Larry stated individuals can give feedback to Kindle Craig. Sarah Deardorff suggested Sharon Zadra and Kindle Craig have event during Older Americans Month. Danada would also like a list of ideas on how to bring out people.

- c. **Reports, updates and possible direction to the WCHSASAB, SCAC and SSCAC on advisory board and committee members' shared issues and goals worksheet for Housing, Advocacy, Communication, Data Planning, Transportation, Food, Social and Recreation, Senior Law, Volunteers, Financing and Social and Health Services (For Possible Action)**

Sarah Deardorff announced Village of Sage Street opened up their wait list.

Dr. Larry Weiss announced Elders Count is being created.

- d. **Discussion, update and possible direction to the WCHSASAB, SCAC and SSCAC regarding Older Americans Month 2020 events (For Possible Action)**

Linda Hardie suggested having an event at a bookstore, such as having an author read. Linda Musselman mentioned importance of assisting seniors in doing census on the computer, Paco stated there will be assistance to seniors. Chris Ciarlo talked about events that need to be promoted, stated they rely on social media and congregate meal sites. They are also looking into virtual donations. Sarah suggested to send last year's Older American Month booklet to board members. Abby stated that by mid-March, they should have an idea of what they want in the booklet.

e. Discussion, update and possible direction to the WCHSASAB, SCAC and SSCAC regarding Stuff-A-Bus for Seniors 2020 event (For Possible Action)

Chris Ciarlo discussed Stuff-A-Bus event and promotion thereof. Ciarlo will check into possibility of providing transportation for some of the bigger events during Older Americans Month.

f. Update on actions affecting seniors at Nevada state and local governments and discussion and possible action regarding advocacy for senior issues with policymakers, including identification of issues and dates for future advocacy training and workshops (For Possible Action)

Donald Abbott suggested local issues arising that affect seniors should be discussed in this item.

Connie McMullen announced several interim legislative committee meetings take place during the off year of the legislature.

g. Report, discussion and possible direction to the WCHSASAB, SCAC and SSCAC regarding age-friendly communities throughout Washoe County, Reno and Sparks (For Possible Action)

Dr. Larry Weiss announced upcoming meeting is January 27 at 1:30pm at Silverada. The age friendly plan is well drafted, but needs a little more work.

7. City of Reno staff liaison comments and updates

Brad Fitch summarizes.

Census available on-line and by mail.

City of Reno and RSCVA co-hosting opening of National Bowling Lanes to public on January 15 at 4:00pm.

Reno Tahoe Senior Winter Games begin January 28.

Councilmember Delgado asking for input on areas that might need additional pedestrian resources.

Memo from Jamie Schroeder stating new name will be Parks and Recreation.

8. Washoe County Human Services Agency staff liaison comments and updates

Abby Badolato summarizes.

TADS program is adding four additional beds. AARP doing free taxes at 9th Street Senior Center every Tuesday and Wednesday from February 4 – April 15 from 8am to 11am.

Space heaters, adult diapers and winter clothes are also available.

9. City of Sparks staff liaison comments and updates

Donald Abbot summarizes.

Name badges and name plates provided for SSCAC by City of Sparks

Next SSCAC meeting is February 26 at 9:00am at Larry D. Johnson Community Center

Today's joint meeting is first joint meeting held at Sparks Senior Center

10. Agenda items for the next Joint Board meeting in April 2020(For Possible Action)

Census; Older Americans Month; Mental Health Community Forum

11. Public Comment - None.

12. Adjournment (For Possible Action)

SSCAC: Margie Hermanson makes a motion to approve, seconded by Andrea Pelto. All in favor, motion passes.

WCHSASAB: Rick Sorensen makes a motion to approve, seconded by Linda Hardie. All in favor, motion passes.

SCAC: Mac Rossi makes a motion to approve, seconded by Francisco "Paco" Poli. All in favor, motion passes.

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